

San Diego Community Resources

Emergency and Shelter Information

- 211 San Diego
www.211sandiego.org
Dial 211
- 24 hour Domestic Violence Hotline (English/Spanish)
1-800-799-SAFE

Hotlines

- Access and Crisis (24 hour)-mental health/substance abuse: 800-479-3339
- Adult Protective Services (APS) (24 hour): 800-510-2020
- Child Protective Services (CPS) (24 hour): 800-344-6000
- National Domestic Violence Hotline: 800-799-SAFE
- Indian Health Council, Inc 760-749-1410
- Lesbian, Gay, Bisexual, Transgender (LGBT) Hotline (24 hour): 858-212-5433
- South Bay Community Services: 800-640-2933

Military Specific Resources

- Pendleton Counseling Services: 760-725-9051
- Marine Family Programs: 760-725-3400
- Navy Fleet and Family Support: 619-556-7404
- MCAS Miramar Family Advocacy Program: 858-577-6585